



LHASA TOUR (3 NIGHTS 4 DAYS)

Our Lhasa Tour of 3 Nights/ 4 Days makes you feel like your soul has cleansed, because of its deep cultural and spiritual essence. Visit Potala Palace, the former home of the Dalai Lamas, and also their former winter palace. Don't miss out on the incredible complexes like Jokhang Temple, and Barkhor Street.



Potala Palace, Lhasa

Visit while maintaining etiquette in like Drepung Monastery and Sera Monastery, It's an ideal little getaway for discovering the core of Tibetan customs and cultures. There is not just a winter palace, but a summer one too, and that is Norbulingka. Visit it and experience calmness.

Trip Highlights

- Explore the Potala Palace, the magnificent former residence of the Dalai Lamas
- Observe pilgrims doing sincere prayers at Tibet's holiest sanctuary, the Jokhang Temple



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- Wander around Barkhor Street, a bustling kora road (road around a sacred site made specially to walk onto, as a spiritual practice)
- Witness Tibetan devotion, crafts, culture, and food
- Explore Drepung and Sera Monasteries
- Unwind in the gardens of Norbulingka, the Dalai Lamas' summer residence, which is rich in history and environment.

Destination: Potala Palace, Jokhang Temple, Barkhor Street, Drepung Monastery, Sera Monastery, Norbulingka; Lhasa

Duration: 3 Nights/ 4 Days

Transfer: SIC Basis

Meal Plan: Breakfast basis

Accommodation: 3/4 Star Hotel

Itinerary of Lhasa Tour- 3 Nights 4 Days

Day 1: Kathmandu to Lhasa

Total time: Depends on the flight

Depart from Kathmandu to Lhasa from **Tribhuvan International Airport (KTM)**. Our representative will pick you up in Lhasa from **Lhasa Gonggar International Airport (LXA)** and take you to your hotel in a private car. Take some time to acclimatize to Lhasa's high altitude and air.

Overnight at the hotel in Lhasa.

Find any street food vendor or explore any restaurant there for lunch and dinner.

Day 2: Lhasa City Tour

Total time: 4-7 hrs

Potala Palace- Around 2-3 hrs

Jokhang Temple- Around 1-2 hrs

Barkhor Street- Around 1-2 hrs

Meals: Breakfast and Lunch

After breakfast, we head to **the Potala Palace** via coach. Start your journey through the spiritual center of Lhasa at the magnificent Potala Palace. This palace used to be the Dalai Lamas' home. Today it features the collection of Tibetan history through their sacred relics, and golden stupas.

The next stop is the famous **Jokhang Temple**. This temple is Tibet's holiest place and you can see people prostrate before the statue of Jowo Rinpoche. Usually, people come in masses and together it creates a spiritual and faithful ambience.



Jokhang Temple, Lhasa

The temple is surrounded by **Barkhor Street**, a bustling pilgrimage route. Residents and pilgrims spin prayer wheels while prayer and strolling in the route. Enjoy the street stalls that showcase many items like traditional items, so take your time and enjoy exploring it.

Here is some etiquette to keep in mind: Wear modest clothing, take off your hat and sunglasses, don't take pictures inside chapels, and wear comfortable walking shoes, so you can take them off easily when you visit them.

Overnight at the hotel in Lhasa.

Day 3: Lhasa Monastery & Palace Tour

Total time: 4- 5 hrs

Drepung Monastery - Around 1.5-2 hrs

Sera Monastery - Around 1.5-2 hrs

Norbulingka - Around 1-1.5 hrs

Meals: Breakfast and Lunch

After breakfast, via coach, start in **Drepung Monastery**, which was formerly home to more than 10,000 monks and was a significant hub for Buddhist education. It is also known as the "Mother School of the Dalai Lamas" and has sweeping city views.



Drepung Monastery, Lhasa

After that, go to **Sera Monastery**, and observe their distinctive monk debates. Don't be startled by their dramatic gestures. It is their way to discuss Buddhist teachings, even through heated arguments, but that shows their passion, and is nothing to be afraid of.

Before ending the day, proceed to **Norbulingka**. It was the Dalai Lamas' former summer residence and summer palace, but today, it is open to the public as a calming park. Enjoy the cultural activities like the Shoton Festival.

Maintain the etiquette here as well.

Overnight at the hotel in Lhasa.

Day 4: Departure

Now that the final breakfast of the trip is done, you will be taken back to **Lhasa Gonggar International Airport (LXA)** to head back home. Wishing you a safe flight back home and hope to see you soon.

Inclusions

- *3 nights' accommodation at a 3-star hotel*
- *Daily breakfast at the hotel*
- *Airport transfers and local transportation for tours*
- *Entry tickets to attractions mentioned*
- *English/ Lhasa Tibetan speaking guide*
- *Airport/Hotel transfer*
- *Visa assistance*

Exclusions

- *Personal expenses*
- *Travel insurance (recommended)*
- *Shopping, tips, gratitude, etc.*
- *Additional tours*
- *All other expenses not mentioned in the inclusions*

- *For guides, drivers, and hotel staff*

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